

CHANGING LIVES

There is, quite literally, no other place like the YMCA.

For 153 years, the Y has been a leading nonprofit strengthening the Greater Des Moines community through its focus on youth development, healthy living and social responsibility. Many people know us through our fitness facilities, our pools, our exercise and youth sports programs. But the Y is so much more:



It's the security of having a place to call home and a chance at a fresh start ...



It's a father reconnecting with his children and learning to be a positive role model in their lives ...



It's what you bring home from a week at camp – the tie-dye shirt, the friendship bracelet, the muddy shoes, the lifelong memories ...



It's the joy in a girl's smile as she crosses the finish line side-by-side with her running buddy ...



It's a B+ on a math test, next to the teacher's written comment: "Great improvement!"



It's where strangers become friends, and friends become a support network ...



All these things, and more, are made possible when you give to the Y. You open up opportunities for people of all ages, backgrounds and income levels. You change lives.



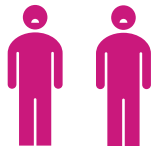
Please help us continue our mission of building healthy spirit, mind and body for all in our community. Every dollar of every gift stays right here in our community, providing access to facilities and programs for those who otherwise would be left behind.

Will you consider a gift in support of the Y? **WWW.DMYMCA.ORG/GIVE**

PLEASE SUPPORT THE Y THROUGH THE ANNUAL GIVING FUND

COMMUNITY NEEDS

THE IMPACT



SOCIAL ISOLATION
increases the risk of
dementia by **50%**

2,300 seniors
took part in
ACTIVITIES AT THE Y



1 in 5 kids
can't **READ** at
3RD GRADE level



**SUMMER LEARNING LOSS
PREVENTION PROGRAMS**
raised reading
skills of **181 students**



2,600 Iowans
experience
HOMELESSNESS
each year

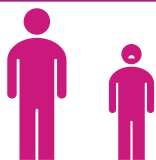
**YMCA Supportive Housing
Campus provides PERMANENT
HOUSING** and support to **150+**
residents and graduates



60% of youth
DROWNINGS occur
within **10 feet** of safety



The Y provided
SWIM LESSONS
and **WATER SAFETY
INSTRUCTION** for **1,500 kids**



1 in 4 kids live
in households
WITHOUT A FATHER

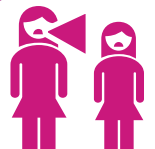
75 fathers RECONNECTED
with their kids through
the **Fatherhood Program**



There is a growing need for
OUT-OF-SCHOOL-TIME
care for kids



More than **3,000 KIDS**
were served through **Y Camp**, day
camp and afterschool programs



Half of girls
ages **10-13**
experience **BULLYING**

Girls on the Run helped
1,075 GIRLS become more
confident and physically fit



YMCA OF GREATER DES MOINES LOCATIONS

Walnut Creek Family
YMCA

John R. Grubb
Community YMCA

Waukee Family
YMCA

Supportive Housing
Campus

Wellmark
YMCA

Des Moines
Y Camp

Indianola
YMCA

THE Y. FOR A BETTER US.



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YMCA ANNUAL GIVING PLEDGE CARD

Name _____

Primary Phone _____

Address _____

Best Email _____

City _____ State _____ Zip _____

My birth month _____ and year _____.

Please accept my Total Gift of: \$ _____

This gift is my:

___ Individual Gift _____

___ Donor Advised Fund _____

___ Corporate Gift _____

___ Foundation _____

This gift is eligible for a company match ___Yes ___No

Company Name _____

Amount of the match: \$ _____

Notes about my gift: _____

Remittance of Gift

Payment requests will be emailed monthly unless otherwise noted.

I will fulfill this gift through:

___ monthly payments ___ quarterly payments

___ one time payment month of _____.

No payment reminder is needed because:

___ Payment will be sent by my employer through payroll deduct.

___ This gift will be coming from United Way. I donor-designated to the Y by documenting the YMCA on my United Way pledge form.

___ I am a YMCA Member. Please add \$ _____ to my current monthly draft.

My Recognition Preference

Gifts of \$240 and above are recognized.

___ Please acknowledge my gift by listing my name as _____ ___ No recognition, please.

Notes about recognition: _____

Donor's Signature _____

Date _____

Name of the Y Volunteer/Staff who called on me _____

The YMCA of Greater Des Moines Financial Development office provides administrative support to the YMCA branch locations.

Please return this form via email to: DonorRelations@dmymca.org OR Mail it in: **501 Grand Ave, Des Moines, IA 50309.**

To reach the YMCA Association Development office, please **call 515-471-8517.**

THANK YOU FOR YOUR SUPPORT!