

FIND YOUR REASON TO GIVE.



For 154 years, the Y has been a leading nonprofit strengthening the Greater Des Moines community through its focus on youth development, healthy living and social responsibility. Many people know us through our fitness facilities, our pools, our exercise and youth sports programs. But the Y is so much more:

It's the security of having a place to call home and a chance at a fresh start.



It's a father reconnecting with his children and learning to be a positive role model in their lives.



It's what you bring home from a week at camp – the tie-dye shirt, the friendship bracelet, the muddy shoes, the lifelong memories.



It's the joy in a girl's smile as she crosses the finish line side-by-side with her running buddy.



It's a B+ on a math test, next to the teacher's written comment: "Great improvement!"



It's where strangers become friends, and friends become a support network.



All these things, and more, are made possible when you give to the Y. You open up opportunities for people of all ages, backgrounds and income levels. You change lives.



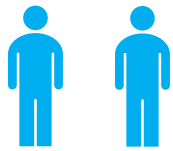
Please help us continue our mission of building healthy spirit, mind and body for all in our community. Every dollar of every gift stays right here in our community, providing access to facilities and programs for those who otherwise would be left behind.

Will you consider a gift in support of the Y? WWW.DMYMCA.ORG/GIVE

FIND YOUR Y. DONATE TO THE ANNUAL GIVING FUND

COMMUNITY NEEDS

THE IMPACT



SOCIAL ISOLATION increases the risk of dementia by 50%

2,300 seniors took part in **ACTIVITIES AT THE Y**



1 in 5 kids can't **READ** at **3RD GRADE** level



SUMMER LEARNING LOSS PREVENTION PROGRAMS raised reading and math skills by 2.5 months



2,700 lowans experience **HOMELESSNESS** each year

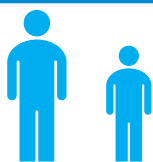
YMCA Supportive Housing Campus provides **PERMANENT HOUSING** and support to 150+ residents and graduates



60% of youth **DROWNINGS** occur within 10 feet of safety



The Y provided **SWIM LESSONS** and **WATER SAFETY INSTRUCTION** for 1,500 kids



1 in 4 kids live in households **WITHOUT A FATHER**

75 fathers **RECONNECTED** with their kids through the Fatherhood Program



There is a growing need for **OUT-OF-SCHOOL-TIME** care for kids



More than **3,000 KIDS** were served through Y Camp, day camp and afterschool programs



Half of girls ages 10-13 experience **BULLYING**

Girls on the Run helped **1,534 GIRLS** become more confident and physically fit



YMCA OF GREATER DES MOINES LOCATIONS

Walnut Creek Family YMCA

Waukee Family YMCA

Wellmark YMCA

Indianola YMCA

John R. Grubb Community YMCA

Supportive Housing Campus

Des Moines Y Camp

THE Y. FOR A BETTER US.