



# STRENGTHENING GREATER DES MOINES

THIS IS YOUR COMMUNITY. THIS IS YOUR Y.

For 156 years, the Y has been a leading nonprofit strengthening the Greater Des Moines community through its focus on youth development, healthy living, and social responsibility. Many people know us through our fitness facilities, exercise classes, and youth sports programs. But the Y is much more than a place— **it's a purpose.**

We create safe spaces where children and teens are encouraged to discover, dare, and dream...

We reach out to students who are at risk of falling behind their peers in school and help them gain the confidence and academic skills they need to succeed...

We provide seniors with a pathway to better health through Active Older Adults and dementia prevention programs. We are a place where strangers become friends, and friends become a support network...

We help eliminate homelessness by providing hope, dignity, and support in the form of permanent, supportive housing at the YMCA Supportive Housing Campus.

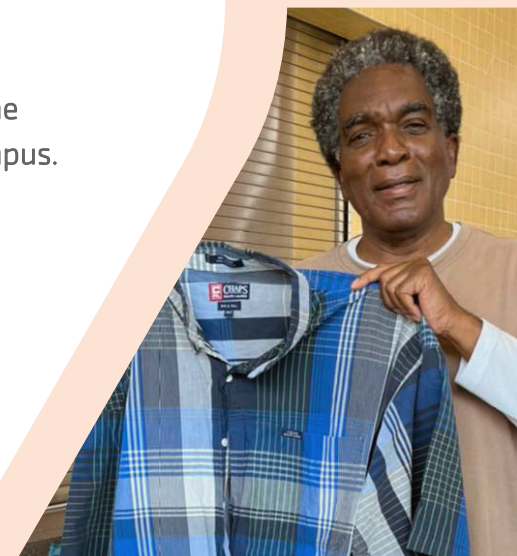
We make all these programs and services (and more) available to everyone. Whatever your age, your income, your background, or your abilities, there is a place for you here in our community.

**ALL THESE THINGS, AND MORE, ARE MADE POSSIBLE WHEN YOU GIVE TO THE Y.**

Every dollar of every gift stays right here in our community, ensuring that we all have access to the resources, relationships, and opportunities we need to learn, grow, and thrive.



**GIVE TODAY**  
[dmymca.org/give](https://dmymca.org/give)



# MAKE A DIFFERENCE. FOR ALL.

## ANNUAL GIVING FUND

### THE NEED

**Social isolation** increases the risk of dementia by **50%**



1 in 5 kids **can't read** at a **3rd grade level**



**2,700** Iowans experience **homelessness** each year



**60%** of youth **drownings** occur within 10 feet of safety



1 in 4 kids live in households **without a father**



Kids increasingly need **out-of-school-time** care



Half of girls ages 10-13 experience **bullying**



Minority, first-gen, and low-income students lag behind in high school **graduation rates** and **college enrollment**



### THE IMPACT

**2,300** seniors took part in **healthy activities at the Y**

**Summer Learning Loss Prevention** programs advanced reading and math skills by 3 months

YMCA Supportive Housing Campus provides **permanent housing** and support to 150+ residents

The Y provided **swim lessons** and **water safety instruction** for 1,500 kids

**75 fathers** **reconnected** with their kids through the **Fatherhood Program**

More than **3,500 kids** were served through Y Camp, day camp, and after-school programs

Girls on the Run helped **1,534 girls** become more confident and strong

Ready 515 helped **152 teens** focus on college readiness, career exploration, and life skills development

## YMCA OF GREATER DES MOINES

Walnut Creek Family YMCA    John R. Grubb Community YMCA    YMCA Supportive Housing Campus  
Wellmark YMCA    Waukee Family YMCA    Des Moines Y Camp    Child Care Services